

## International Dinning in Tulsa, Oklahoma

### *Italian*

**Mary's Trattoria**, 1313 E. 15<sup>th</sup> St, 585.2495

A classic, with delicious and unassuming entrees. The interior could be your Italian grandmother's kitchen with vintage kitchen utensils and photographs on the walls

**Grapevine**, 3509 S Peoria Ave, (918) 743-1870

Wines take a starring role here at this Brookside restaurant. The food is designed to pair perfectly with their selection of vinos. The patio opens up the experience to include the ambience of all of Brookside.

**Dalesandro's**, 1742 S Boston Ave, (918)582-1551 Dalesandro's offers beginnings of Zuppa (soup) or Insalada (salad); entrees include linguine with traditional red sauce, oliva olio (linguine with olive oil),

brodo pasta (bowl of ziti pasta topped with fresh steamed broccoli, boned chicken and Romano cheese) or lasagna (six layers of goodness!).

### *German*

**Margaret's German Restaurant & Deli**, 5107 S Sheridan Rd (918) 622-3747

Authentic German is a special treat. The menu is full of more schnitzels and wursts than any place outside Oktoberfest. German beer completes the experience.

### *Indian*

**India Palace**, 6963 S. Lewis, 492.8040

The food is exotic. If you're fairly well experienced with Indian cuisine, you'll recognize pretty much all the dishes on the menu. If Naan, Dum Alloo, Saag Paneer, Samosas, Pakora, Tandoori, Rogan Josh, raita, Biryani, and Kebab are familiar menu words to you, you'll feel up to speed with the types of offerings on the menu. If you're new to Indian cuisine, it will be an interesting taste adventure. Luckily, the menu demystifies the dishes Indian names with great English explanations of what the dish is made of and what to expect and the staff is very helpful. If there is something you're unsure of, they understand and are more than willing to clarify for you. The dishes are not overly Americanized, though. So if you're not familiar with Indian cuisine, but are into trying new things, you're up for some great food, but if you're not up for a culinary adventure, you might not be ready for the exotic flavors. It's not for the faint of heart. Many of the dishes are spicy (though most can be prepared at different levels of hotness per your request.). All of the dishes are richly spiced with spices and curries not common to bland American favorites. If you're a veteran of Indian dining, the food is very much what you would expect to find at a top-notch Indian restaurant.

**Desi Wok** (casual), 3966 S Hudson Ave, (918) 621-6565

A new concept of food comes to town of Tulsa with excellent mix of Traditional Indian and Chinese cooked with Indian spices.

Desi Wok is an Indian restaurant and Chinese restaurant under one roof. Desi Wok Features popular Tikka Masala and a variety of vegetarian, chicken, lamb and seafood dishes, along with Noodles and Asian Stir-fry.

### *English*

**The White Lion Pub**, 6927 S Canton Ave, (918) 491 653

The White Lion is the best British pub in Oklahoma. With plenty of character and a very good atmosphere you could almost forget you're not in the UK.

There are plenty of British and Irish beers on tap, including Boddingtons, John Smiths, Old Speckled Hen, Beamish, Harp, and Guinness.

The menu is good and it all tastes authentic, not surprisingly as Betty the landlady and dab hand in the kitchen, is a native Liverpoolian. If you're craving a decent plate of sausage beans and chips, just like your mum made them, then you can't go wrong. There are plenty of other dishes on the menu, and a good Christmas dinner too, complete with crackers to pull!

### ***Thai***

**Lanna Thai**, 7227 S. Memorial 249.5262

Voted Tulsa's best Thai cuisine for several years, this local Asian flavored favorite recently branched into a second location to satisfy midtown and South Tulsa appetites. The cheap-eating option here is for lunchers with a taste for Thai. Unlike many restaurants, these lunch specials are all priced the same -- affordably under \$7. Gourmet dishes so plentiful they require more than two menu pages engage taste buds with fresh basil, curry, mint, garlic and cucumber mixed with soy gravy and fresh noodles. Several specials include soup while others focus on piles of steamed veggies mixed with palate-pleasing flavors that give traditional dishes such as Pad Thai an authentic and refreshing kick. Dinner prices range from the low single digits to nearly \$18 and higher with fresh fish, seasoned grilled chicken and pork dishes easily becoming a dining-out staple. This casual environment with live Thai music on weekends sets an intimate backdrop for a romantic night with authentic cuisine and a glass of wine.

**Thai Siam**, 6380 E 31st St # M, (918) 622-7667

Traditional Thai cooking. Sweet, spicy combinations with the use of coconut milk and peppers. Hidden in a strip center near 31st and Sheridan.

### ***Mexican***

**El Rio Verde**, 38 N. Trenton 592.2555

In a warehouse district in the middle of not hipville, it's little cinderblock building looks like it should house a barbershop or a barbeque shack. But instead inside is a very comfortable and friendly little burrito hut. At 8 on a drippy Friday night, the room was about half full and the customers were a mix of families, TU student cheap dates, and single dudes who looked like they might be there to court the Latina rockabetties by ordering multitudes of menu items.

El Rio Verde is famous for a wet burrito. Town guy had one and it really was noteworthy - big as a clutch purse and having a happy marriage of beans, beef, cheese, and sauce. I had steak tacos non-gringo style. They came with a whole radish as a garnish. The menu says that they have fish tacos - I think the owners are originally from Jalisco, so I have high hopes for those. They also have Coke from Mexico and a whole cooler of beer.

### ***Middle Eastern***

**Cedar's Deli**, 2606 S. Sheridan 835.5519

A Midwestern Mecca of Middle Eastern cuisine. For when you have that craving for something different. The deli makes fresh lunches and catering holds many options.

**Shish Kabob's**, 11605 E 31st Garnett, 918-663-9383

Serving a delectable dinner of Middle Eastern food such as, what else?, chicken and beef shish kabobs. Greek sandwiches and also many vegetarian choices.

**Halim & Mimi's Deli** 2615 E 11 St., 599-9623

For those in the know, this place has some of the best Lebanese food around. Convenient for the TU and downtown crowd, and an excellent spot for gyros, hummus and baklava.

### ***African***

**The Talking Drum**, 8226 E 71st St, (918) 250-1821

Chef Monday Thomas and his wife Sarah opened the Talking Drum Restaurant in 2004. Recognized as one of Tulsa's top ten new restaurants, The Talking Drum offers a unique array of African and Caribbean cuisine. The Talking Drum is an African term representing a meeting place. In Africa, when one beats the drum, it echoes, calling people to the drum to see what is going on. The Talking Drum Restaurant is definitely a place to meet and eat. Traditional meals such as Chicken Piri-piri and Salmon Caponata are only a few of the options available at the restaurant. Their food is known to nourish the body, mind and spirit

### ***French***

**The Brasserie Restaurant and Bar**, 3509 S Peoria, 918-779-7070

French inspired cuisine in a stylish and inviting environment, extensive wine list

### ***Japanese/Sushi***

**Tsunami**, 2nd & Detroit, (918) 582-4100

One of the newest sushi sellers and downtown hotspots. A funky, East Coast/West Coast vibe and an innovative fusion of Japanese cuisine with new ingredients give it an edge.

**Fuji**, 3739 S Peoria Ave, Tulsa - (918) 794-4448 and 8226 E 71st St, (918) 250-1821

Since 1986 it has been a Japanese embassy for Tulsa sushi fans. A massive selection of specialty rolls and chef's creations. Sit at the sushi bar to watch the action

### ***Asian***

**Hmong Cafe**, 11197 E 31st St, (918) 828-9192

Try red curry (sub Chicken instead of the beef) and the Pad Thai (if Joey is working, he makes the best Pad Thai - ask for him) and for Vietnamese, the Pho soup is outstanding.

Great service and very clean. AND around \$5-7 per meal w/ huge portions.

**Be Le Vegetarian**, 6634 S. Lewis Avenue, 918-499-1414

This is one of a handful of strict vegetarian restaurants in Tulsa. It is basic Asian stir-fry with various sauces for the most part. There is soy is just about everything. The menu refers to items as Chicken (soy) or Pork (wheat) even though it is actually vegetarian. This is designed to make meat-lovers comfortable. There are not many true vegetarians in town. Recommended dishes: Spring Rolls, Triple Delight, Soy Pork and Soy Shrimp dishes.

### ***Vietnamese***

**Binh-Le Vietnamese**, 5903 E 31st St, (918) 835-7722

Try the hot garlic chicken and hot ginger beef -- both delicious -- and the imperial rolls, which are like egg rolls, but in a rice wrapper, steamed, not fried, and served with peanut sauce.